

Access your child's
medical information
ONLINE

Manage your child's personal medical records, communicate with their doctors, and make more informed decisions about their health



Send and receive
secure online
messages



View test and
lab results



Request Rx
refills



Schedule
appointments



Receive email
care reminders



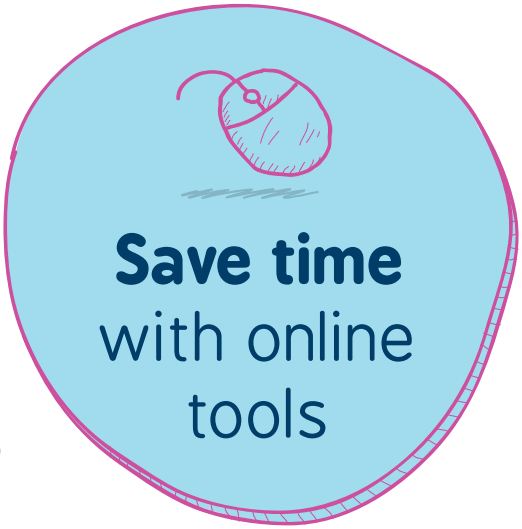
Set up proxy accounts
for children and
dependent adults

Get 24/7 online access from any computer, smartphone or tablet



Get started...

its as easy as 1,2,3



Save time
with online
tools

1

Click the registration link in the email you receive from **noreply@followmyhealth.com**.

2

Log In to Your Portal Account. If you don't have your own portal account, you must create an account with your personal information (not your child's) and click **"I Accept."**

3

Register as a Proxy. Follow the onscreen prompts to enter an **Invite Code** (provided by our organization). Click "I Accept" and you will be taken to **YOUR** portal account. (If you have more than one child, repeat these steps and enter the invite code for each child).

At the top of your portal page, you'll see a dropdown arrow next to **Hello, Name**. Click the name of the child whose account you wish to access here.

You now have 24/7 secure, online access to our patient portal and your child's medical information!



Access your child's medical information on the go

Download the free portal app at your Apple or Android store. Enter FollowMyHealth in the search field.

