



Access
your medical
information
online

Manage your personal medical records, communicate with your doctors, and make more informed decisions about your health.



Send and receive
secure online
messages



View test and
lab results



Request Rx
refills



Schedule
appointments



Receive email
care reminders



Set up proxy accounts
for children and
dependent adults

Save time
with online
tools

Get started.

its as easy as 1, 2, 3

- 1** Click the **registration link** in the email you receive from **noreply@followmyhealth.com**.
- 2** Create your **portal login** using a unique username and password.
- 3** Enter the **invitation code** provided by your medical organization and click "Agree" to the release of information.

You will receive two emails: one welcoming you to the portal and one confirming your connections with our organization.

You now have 24/7, secure online access to our patient portal and your medical information!



Access your medical information on the go! Download the free portal app at your Apple or Android store.

Enter FollowMyHealth in the search field.