

# Access Your Medical Information *ONLINE!*

*Create your FREE portal account using your smartphone and you can access your medical records before you leave our office!*



**Check your personal records anywhere,** anytime using a computer, smartphone or tablet.



**Make more informed health decisions** for yourself and your family.



**Save valuable time** with online communication and scheduling tools.



**Manage your entire family's healthcare** in one spot.



**Access your medical information on the go!**

Download the free portal app at your Apple or Android store. Enter FollowMyHealth in the search field.



# GET STARTED

IT'S AS EASY AS 1, 2, 3



1

Click the registration link in the email you receive from [noreply@followmyhealth.com](mailto:noreply@followmyhealth.com).

2

Create your portal login using a unique username and password.

3

Enter the invitation code provided by your medical organization and click "Agree" to the release of information.

## You will receive two emails:

- One welcoming you to the portal
- One confirming your connection with our organization

You now have 24/7, secure online access to our patient portal and your medical information!



